Over the last year we have increased our impact for carers across Buckinghamshire by:

Developing partnerships
We work with:
• GP practices – helping them to recognise and support their patients who are carers
• Local hospitals – Amersham, Wycombe, Stoke Mandeville & Wexham
• Schools – to help them to recognise and support their students who are carers

Developing new services
Our Young Adult Carers (YACs) service works with 16-25 year olds, who are much less likely to be in education, training or employment than their peers.
We have found that almost half of the YACs we work with have experienced mental health problems. Our work combats these issues and helps to address their social isolation and to make a success of their adult lives.

Introducing new assessment tools
Our new wellbeing assessment tools measure changes over the period of our support. We have been pleased to see that our anecdotal evidence of the effectiveness of our work is backed up by the objective data from the wellbeing tools.

Lastly I would like to say a big thank you to our wonderful staff and volunteers for all of their dedication and hard work which makes such a positive difference to the lives of carers locally.

Stephen Archibald
Chief Executive
Carers Bucks

Expenditure by category:

- Service delivery staff costs £179,887
- Direct service cost £180,788
- Overheads £145,923
- Management & admin £160,788
- Investments & interest £48,136
- Grants & other income £193,784
- Legacy £29,434
- Donations & fundraising £33,146
- Bucks CC £868,614
- £1,154,979

Income by source:

- £1,233,114

There are over 50,000 carers in Buckinghamshire and that number is growing as the population gets older and more people live longer.

Carers Bucks is dedicated to helping carers of all ages stay well, have a life outside of their caring role and to be supported to look after their loved one. We currently support over 11,000 adult carers and over 1,000 young carers.

The best thing I ever did to care for my dad was become part of Carers Bucks. Thank you from the bottom of my heart for your support, care and humour.”

Julie, adult carer aged 46.

From our Chief Executive

Over the last year we have increased our impact for carers across Buckinghamshire by:

- Developing partnerships
  - GP practices – helping them to recognise and support their patients who are carers
  - Local hospitals – Amersham, Wycombe, Stoke Mandeville & Wexham
  - Schools – to help them to recognise and support their students who are carers

- Developing new services
  - Our Young Adult Carers (YACs) service works with 16-25 year olds, who are much less likely to be in education, training or employment than their peers.
  - We have found that almost half of the YACs we work with have experienced mental health problems. Our work combats these issues and helps to address their social isolation and to make a success of their adult lives.

- Introducing new assessment tools
  - Our new wellbeing assessment tools measure changes over the period of our support. We have been pleased to see that our anecdotal evidence of the effectiveness of our work is backed up by the objective data from the wellbeing tools.

- Lastly I would like to say a big thank you to our wonderful staff and volunteers for all of their dedication and hard work which makes such a positive difference to the lives of carers locally.

Stephen Archibald
Chief Executive
Carers Bucks

Our Treasury Report
A Year in Numbers

30 Carers Champions in GP practices in Bucks

Three
GP practices reached the required level for our Carers Bucks Investors in Carers GP Standard Award in 2018

1,248 new adult carers registered in the past year

2,749 carers attended our support groups last year

217 Young carers club nights took place last year

319 carers have received a Carers Discount Card in the past year

24 regular support groups that meet monthly countywide

203 new young carers registered with Young Carers Bucks

Each year, all of our registered carers save the NHS over £201 million

Carers support is now available in four hospitals countywide

Our volunteers saved Carers Bucks £22.5k over the past year (in working hours)

OVER 12,000 carers are registered with us at Carers Bucks

Carer Awareness Training sessions were delivered to GP practices countywide

OVER 16,000 carers are registered with us at Carers Bucks (12,625)

Each year, all of our registered carers save the NHS over £201 million

Carers support is now available in four hospitals countywide

Our volunteers saved Carers Bucks £22.5k over the past year (in working hours)

OVER 12,000 carers are registered with us at Carers Bucks

Carer Awareness Training sessions were delivered to GP practices countywide

OVER 16,000 carers are registered with us at Carers Bucks (12,625)
During the past year the number of carers contacting us has increased significantly. In many cases the carers are caring for someone with complex needs and more than one health condition. Part of our role is to ensure that carers are aware of their rights and entitlements, as we work alongside them to navigate the pathway to get the help they need.

Our challenge will be finding the ‘hidden’ carers – many carers don’t recognise the term carer, as they consider looking after a loved one as their duty. This means that many carers are not getting the help that is available to them. Our aim for the coming year is to make a concerted effort to reach those carers. We will achieve this by linking up with parish councils, small businesses, local groups, local magazines, libraries etc.

We will also continue our successful partnership working with GP practices, to help identify and support unpaid carers. This will be achieved through:

- Events delivered at the surgeries
- Ongoing Carer Awareness training for a cross section of practice staff
- Working with practices in order to help them achieve the Investors in Carers GP Standard Award

Our hospital support workers will continue to work across Stoke Mandeville, Wycombe, Amersham and Wexham hospitals.

Identifying and responding to carers needs by:

- Helping them through the discharge process
- Connecting them to ongoing support thereafter

The hospital team will continue to network with staff to raise awareness of Carers Bucks and promote referrals to our services.

In the coming year we seek to build capacity by growing our volunteer team, and further deepen our connections with professional healthcare teams to enable a greater awareness of carers.

Services to support young carers across Buckinghamshire continue to grow and develop. Children from as young as five are able to access support designed to meet their individual needs. This could include:

- Enabling them to recognise and cope with a plethora of feelings
- Providing appropriate information about the person they care for
- Making sure that they don’t feel alone
- Having some fun and get a break from their caring responsibilities

Ongoing liaison with junior and secondary schools will continue. To date this work has resulted in greater awareness of young carers, with many schools having received a gold award in recognition of their efforts.

Our new initiative ‘Time Together’ has been developing over the last year, aimed at giving young carers and their families just that…time together.

The Young Carers Forum are always coming up with new ideas and help make sure we are providing young carers with the crucial support they need!

The Carers Bucks team is committed to improving quality of care for our carers – the team have, at all times, been receptive, flexible, reliable and passionate.”

Clinical Commissioning Group
Some of our Funders

London Luton Airport Limited – Near Neighbours via BLCF  Hobson Charitable Trust

0300 777 2722
mail@carersbucks.org

Ardenham Court
Oxford Road
Aylesbury
Bucks
HP19 8HT

Carers Bucks: www.carersbucks.org
Young Carers Bucks: www.youngcarersbucks.org

Carers Bucks is the operating name of Carers Trust Bucks and Milton Keynes
Registered Charity No. 1106745; Company Registration No. 4941481