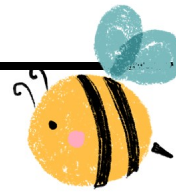




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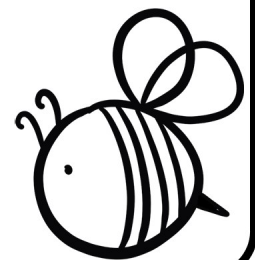
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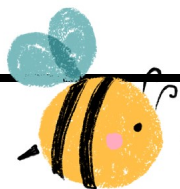
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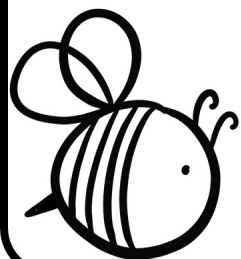
Other resources you will LOVE!



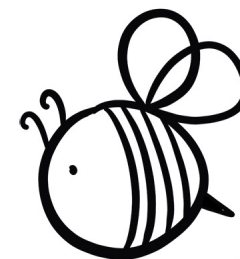
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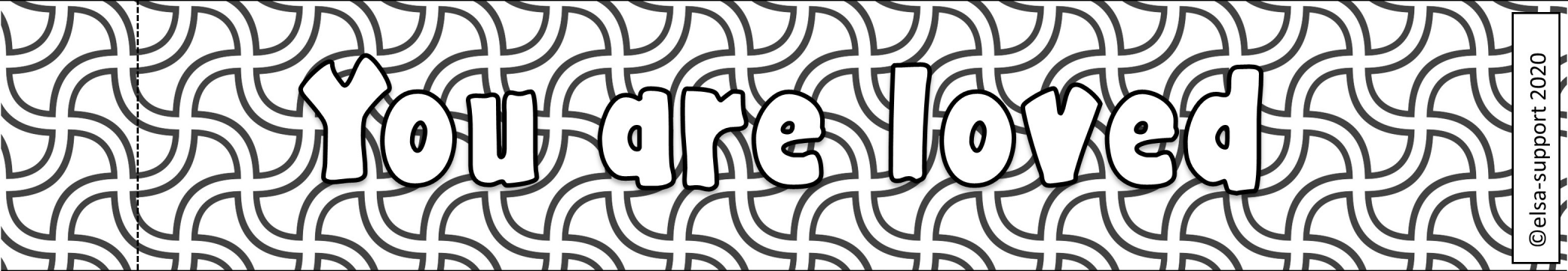
Home Learning Social and Emotional Bundle

- Affirmations Activity Pack
- Reflective Journal
- Self esteem workbook
- Comic strips
- Mindful time colouring sheets
- Mindfulness challenge cards
- Express yourself art doodling
- Mindful Moments Positives journal HS213
- Mindful Moments Positives journal HS1
- Mindful Mandalas
- Good Mental Health workbook



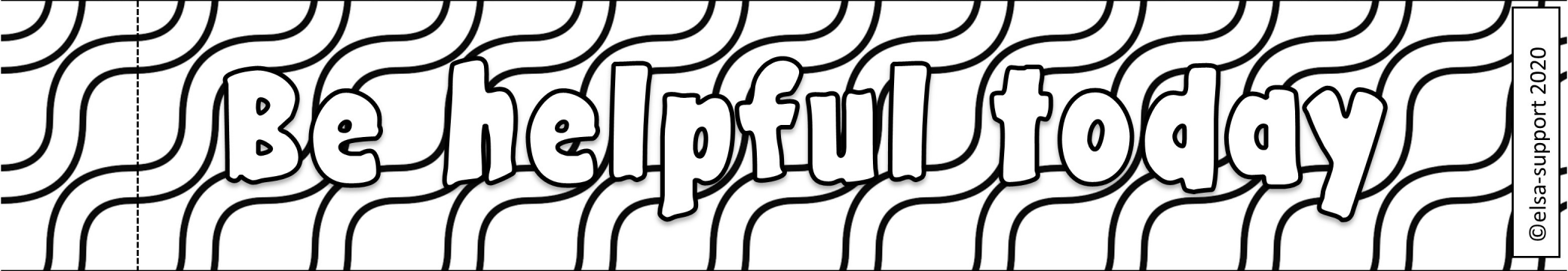
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You are loved

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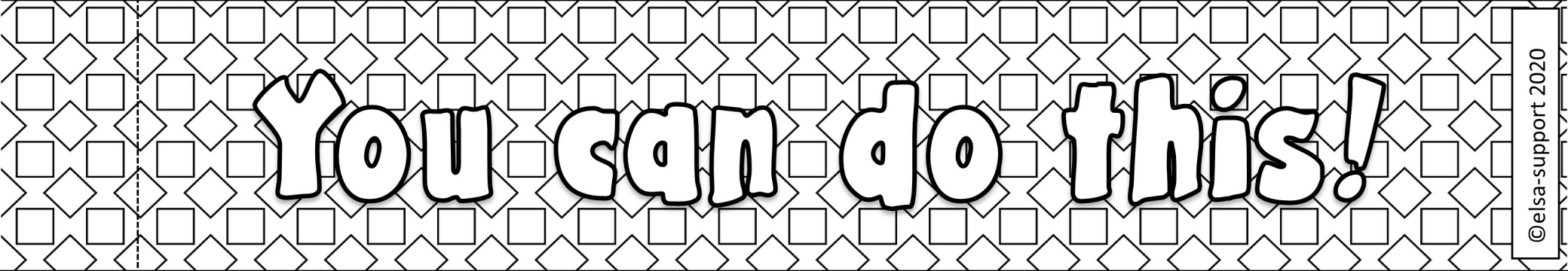
Be helpful today

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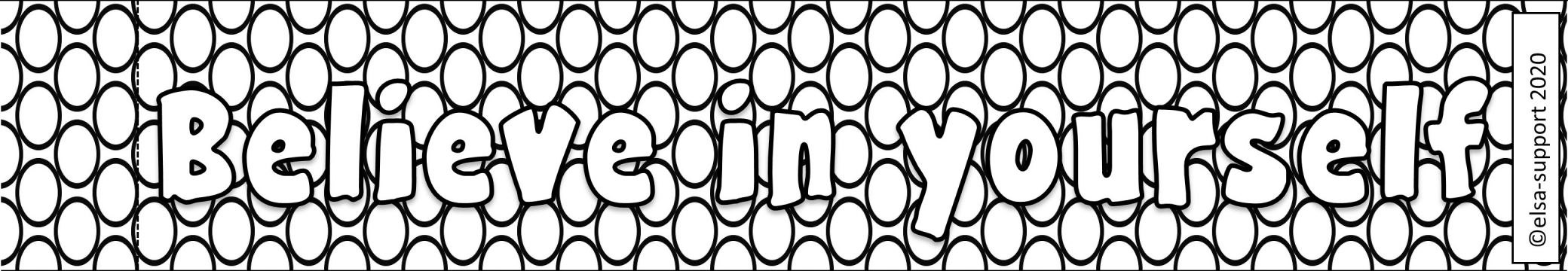
Work together

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You can do this!

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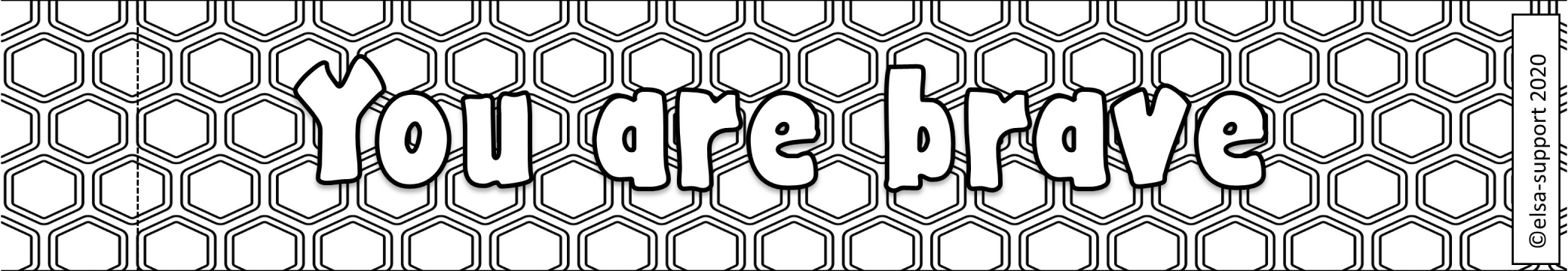
Believe in yourself

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You can handle this

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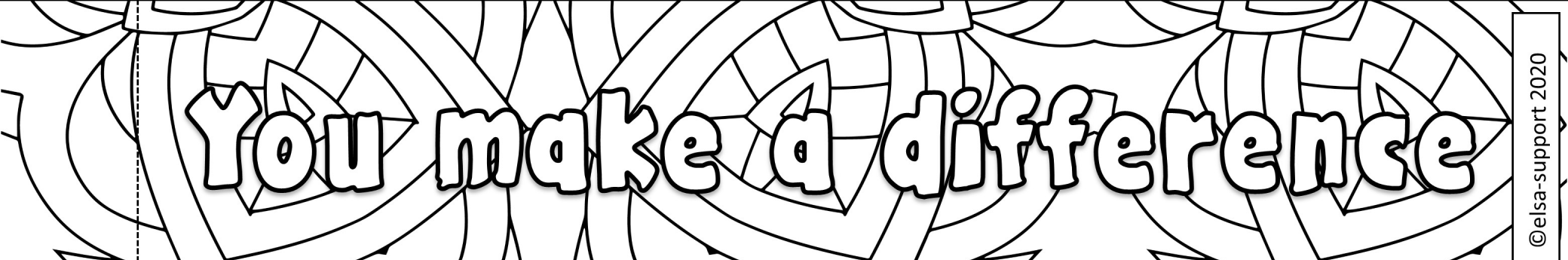
You are brave

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You are strong

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You make a difference

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Your actions are powerful

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You are kind

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You can ask for help

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