

Poem by Lesley

I've not seen Lizzie for several weeks though we do speak on the phone
She rang me today with a cheery voice as I rested inside my home
She's doing alright say the carers. She's happy and lively and well
They were going out for an afternoon drive, excited she was I could tell

Her brothers are staying home with me. One furloughed and one still employed
It's hard for the one that does ten hour shifts while the other one plays with his toys!
We try to take turns in the cooking. Tonight I am being relieved
For Ed took over as I was fading my energy not what it seemed

I've missed meeting friends in the lock down. Though many I've had in my home
I zoom everyday pass the hours away and I no longer now feel alone
I wake up by 9 each morning, and I know that my friends will be there
In no time at all I am there on the screen with my sleepy face and messy hair!

So it's time to put on a smiley face and set up my PC
I'll see my friends in a moment .And they too will see me!
So if you are new to technology I suggest that you enlist some help
Get zooming on your devices .For its great fun and good for your health