Useful Resources and support for parents/carers and their families

These activities and services can be found on the Buckinghamshire Family Information Service website - https://familyinfo.buckinghamshire.gov.uk
Details are subject to change so please ensure you check the BFIS Website for further information.

Resource	Description	Contact Details
Local Offer for SEND	Our special educational needs and disabilities (SEND) local offer sets out the support	https://familyinfo.buckinghamshire.
	available in Buckinghamshire for children and young people aged 0 to 25 with SEND.	gov.uk/send/about-local-offer/
Pinpoint (Disabled Children	Help us see the support we need to give people with special educational needs and	https://familyinfo.buckinghamshire.
Register) & Max Card	disabilities (SEND) in Buckinghamshire by signing up for Pinpoint, also known as the	gov.uk/send/disabled-children-
	Disabled Children Register (DCR).	register-and-max-card/
FACT Bucks	A forum for parents and carers of children and young people with SEND aged 0 to	Andrew Howard
	25.	Email: admin@factbucks.org.uk
Local Offer Facebook Page	Advice, information, and guidance available via Social Media	https://www.facebook.com/BucksLo
		<u>calOffer</u>
Children with Disabilities Team	Working with sick and disabled children and families.	Tel: 01296 383762
Parent Support Groups:		
 SPACE Support Group 	A support group for parents and carers for children with ADHD, ASD and Challenging	Linda Carroll
(Autism and ADHD)	Behaviour	Email: spacechesham@aol.com
 YOU-Nique SD and ADHD 	Coffee mornings for SEND parents and carers with guest speakers and social events.	Leonie Cowlard
and Special Needs Parent		
Support		
Adult ADHD Support Group	A support group for adults with adhd, parents of adhd children.	Sarah Templeton
		Tel: 01494 957503 or 07769 355003
GRASPS	A support group for families with autism	Tel: 01296 486995 or 07783 434623
		Email: contactgrasp@gmail.com
PDA Support Group	Aims to provide parents, carers, who either have a diagnosis or believe their child	Email: PDAgroup@harveys-
	may have the autism profile of Pathological Demand Avoidance (PDA), with an	home.me.uk
	opportunity to meet informally, share experiences and positively support each	
	other. Professionals interested in learning more about this profile are also warmly	
	welcomed.	
 Walking With You 	A safe space where you can talk freely among people who are walking the same	Roxy Uritescu
	path as you.	Tel: 07860 785234

Resource	Description	Contact Details
		Email:
		Roxana.uritescu@barnardos.org.uk
Carers Bucks	Carers Bucks exists entirely to support and promote the wellbeing of family carers.	Tel: 0300 777 2722
	We support carers of all ages and in different caring roles, including young carers,	Email: mail@carersbucks.org
	parents of children with a physical or learning disability, older carers, carers from	
	the black and minority ethnic community, and those looking after someone with a	
	mental health condition.	
Autism Toolbox:		
 Autism Early Support Trust 	The sessions are open to families who's child/ren either have a diagnosis of Autism,	A referral for this group is needed
Parent Sessions	or show autistic traits in their behaviour with no diagnosis.	and can be made through BFIS.
Autism Teaching Company	Have a range of skills developed from our teaching experiences in mainstream	Joanna Poole
	schools, special schools, and ASD units, from Reception through to Sixth Form. We	01296 712163
	can provide tailored support and bespoke training for children and young people in	jpoole@autc.org.uk
	their own homes, at school, and in the workplace.	
	We are now running all our 1:1 sessions, family support sessions, and workshops online using Zoom.	
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Article 12 Youth Forum in CAMHS	Meets monthly, young people volunteer their time to contribute to the	Roxy Uritescu
	development of Buckinghamshire CAMHS.	Tel: 07860 785234 Email:
		Roxana.uritescu@barnardos.org.uk
Young Deaf Activities	Young Deaf Activities aim to encourage children and young people with any level of	https://yda.org.uk/
	hearing impairment or dual-sensory loss to become confident and independent in	ittps://yua.org.uk/
	any environment. Youth Clubs are run in Stoke Mandeville and High Wycombe	
Shout Out for SEND	A fun monthly group for young people age 11 to 16 years with SEND.	Tel: 01296 382583
		Email:
		shoutoutforSEND@buckinghamshire
		.gov.uk
SEN Support Plan	Education providers must try to meet the needs of all children and young people	
	with learning difficulties.	

Resource	Description	Contact Details
	They do this using funds given to them by the council and Education and Skills	
	Funding Agency to help children and young people with special educational needs	
	(SEN).	
	This is called <u>SEN support</u> .	
Early Bird	A programme to help parents and carers to help you understand autism, develop	National Autistic Society EarlyBird
	your child's communication skills and support your child's behaviour	Programme Early Years
		(buckinghamshire.gov.uk)
Charities Local and National	Available on the BFIS website or via email	
Respite and Short Breaks	Available on the BFIS website or via email	

Anagrams/Jargon

There are so many anagrams and strange jargon associated with Special Educational Needs and/or Disabilities. Here are a few explained:

Acronyms	Description
BCCN	Buckinghamshire Community Childminding Network
BFIS	Buckinghamshire Family Information Service
EHCP	Education, Health and Care Plan
PSO	Pastoral Support Officer (In schools)
	All schools have a statutory duty to provide a PSO, this role could be shared with another role such as SENDCo or Headteacher/Deputy
	Headteacher.
SEND	Special Educational Needs and/or Disabilities
SENDIAS	Special Education Needs and/or Disabilities Independent Advisory Service
SENDCO	Special Educational Needs and/or Disabilities Coordinator
	All schools have a statutory duty to provide a PSO, this role could be shared with another role such as PSO or Headteacher/Deputy Headteacher.

Preparing for Adulthood

Transition support is also available for post 18 year olds, along with further advice and support from the Care Advice Bucks website https://careadvice.buckinghamshire.gov.uk/ as well as the Adult Social Care Service on 01296 383204.

If you would like support navigating the Local Offer contact the Buckinghamshire Family Information Service and we can send you a summary to help you explore the options available to you.